

# Queer care.

## LGBTQIA+ support group

### Share, learn and connect in a safe space.

Join us for a series of 4 sessions offering a welcoming, affirming environment to explore topics that impact wellbeing, relationships, safety, and community connection.

Guided by queer facilitators or allies, each weekly session will focus on skill building, reflection, and group discussion.

You're welcome to attend as many sessions as you like.

### Who is this group for?

This group is open to people aged 18+ who identify as LGBTQIA+.

### Discussion topics include:

- Learning to manage distress
- Sexual health and living with HIV
- Building friendships and community
- Keeping each other safe, and more!

### Where

#### Safe Haven

9 John Street, Salisbury

### When

#### Tuesdays, 3 pm – 4.30 pm

3 February, 10 February, 24 February,  
and 3 March 2026

Please note: No group on 17 February.



**Places are limited.  
Express your interest now.**

 [qrco.de/q-care](https://qrco.de/q-care)


#### Contact us

Sonder

 (08) 8209 0700

 [info@sonder.net.au](mailto:info@sonder.net.au)

Thorne Harbour Health

 (08) 7078 4128

 [thhsa@thorneharbour.org](mailto:thhsa@thorneharbour.org)