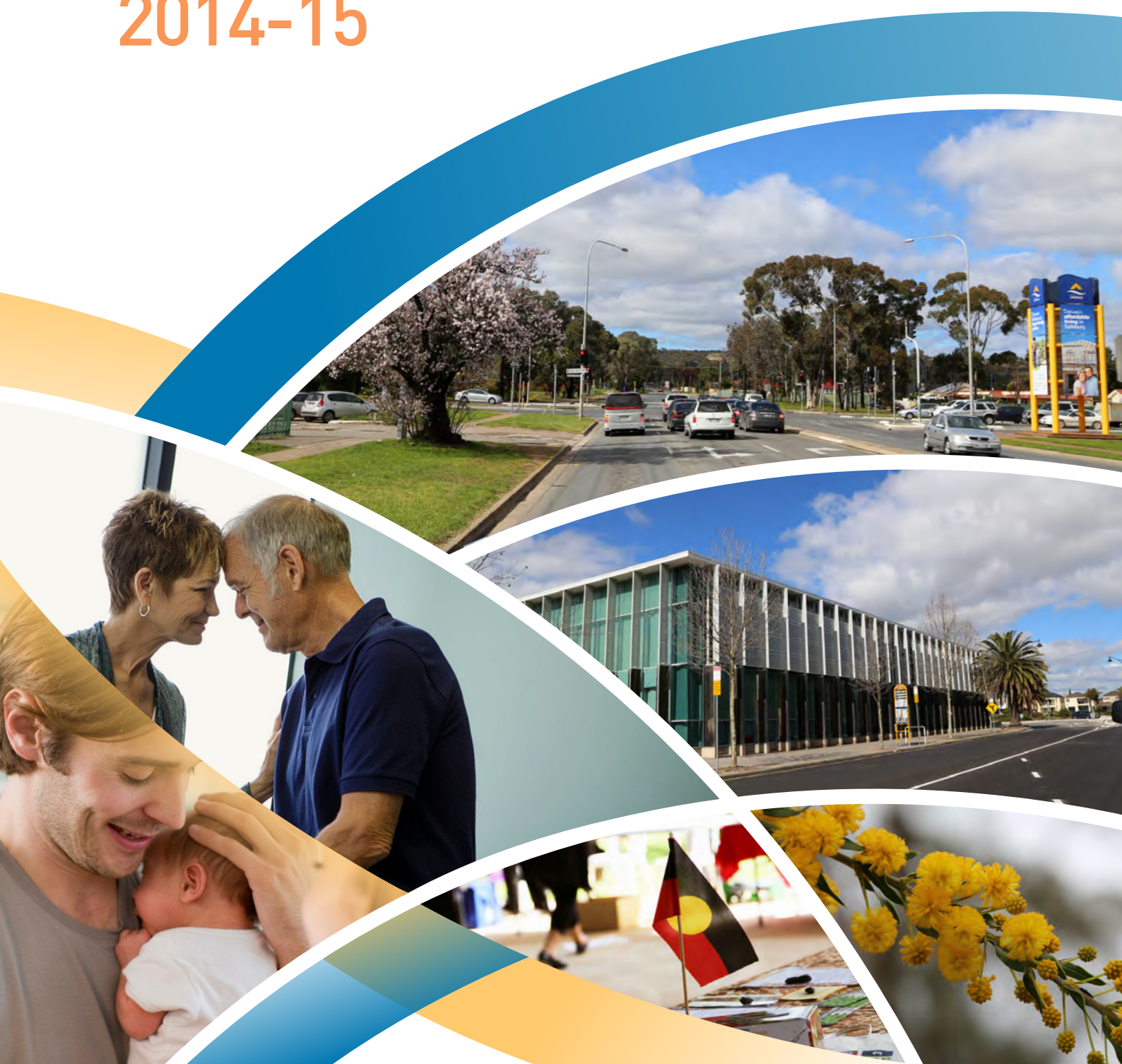




# ANNUAL REPORT

2014-15





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# Chairman Message



Richard Heah  
NHN Chairman

The dragon has been stirred!

The Northern Health Network (NHN) which has been in limbo for the last 2 years has broken its shackles.

As you are aware, the Northern Adelaide Medicare Local (NAML) was defunded at the end of June 2015, but it was lucky enough to be successful in its tender to become the new Adelaide Primary Health Network (APHN). Under Commonwealth direction all Primary Health Networks are unable to provide direct service delivery, therefore all programs previously run under NAML have been transferred back to the NHN.

Prior to the transition from 1 July this year, the NHN motto was

‘Supporting Your Practice.’ The NHN was restricted by funding and therefore made its primary focus education activities and assisting International Medical Graduates with preparation for their FRACGP examinations and especially the OSCEs.

Since the NHN has taken over NAML Programs our strategy had changed. The NHN Board has decided to expand the existing NHN geographic area to the North of the River Torrens (in line with APHN) but are committed to maintaining our standing relationships with GPs and the Community of the northern area.

The Board had also moved to consider a change of the NHN Constitution to enable improved GP representation from a broader geographic area plus the ability to have more than two non GP Directors. We have been fortunate to have Mr John Manning, Managing Director of Dewings Accounting, join our Board this year to complement our other non GP Director, Mr Danny Haydon.

Input from GPs through the Northern Region GP Council had

been invaluable. Representation to this Advisory Council will be expanded and a similar Advisory Council for the Southern GPs has been established to aid their loss of support through the closure of the Southern Adelaide – Fleurieu – Kangaroo Island Medicare Local.

The NHN activity till recently has been carried diligently by Monika Hembram. The NHN Board has welcomed a new Executive Team led by Mr Sageran Naidoo. The Board stand behind the NHN team and are confident that we are well positioned with the right staff to execute all programs and are prepared to enter into the contestable space from 2016.

Our Finances are strong and we have more than adequate assets to guide the NHN through any unforeseen circumstances. The Board would like to thank Dr Rizwan Latif for his guidance thus far of the Finance Committee.

The NHN Board is committed to our dedicated GPs and their team to serve our community. We appreciate your support and look forward to another challenging year ahead.

# Board Members



**Dr Richard Heah**  
**Chair**

*General Practitioner in Elizabeth*

Dr Heah has accumulated extensive professional medical practice experience in the region for over 20 years. Director of Corporate Health Group – a multi-disciplinary, multi clinic centre. Keen interest in International Medical Graduates, RACGP examiner. Sound business and finance management experience.



**Dr Rizwan Latif**  
**Vice Chair,  
Chair of Finance**

*General Practitioner  
in Craigmore & Modbury*

Dr Latif has extensive professional medical practice experience in the northern Adelaide region for over 7 years, on various State Clinical Committees, Drug and Therapeutic Committee Lyell McEwin Hospital, Clinical Lecturer.



**Dr Farooq Ahmad**

*General Practitioner  
in Parafield Gardens*

Dr Ahmad has extensive practice experience in Australia since 2001 and prior to that in South Africa and Pakistan. RACGP Clinical Examiner, member of SA/NT RACGP Faculty Board, Medical Educator (Adelaide to Outback GP Trainer). A GP Supervisor who supports Overseas Trained Doctors (OTD) to prepare for the Fellowship Exam. Previous Board experience as a Board member for Flinders and Far North Division of General Practice.



**Dr Seema Jain**

*General Practitioner  
in Elizabeth Grove*

Dr Jain has over 15 years experience working in various hospitals in SA and interstate, with exposure across a wide range of sectors. Extensive experience working with Aboriginal & Torres Strait Islander health issues. Has been teaching Medical Students and supervising Medical Registrars for a number of years and a committee member of SRFA.





### Dr Sudheer Talari

#### *Medical Practitioner in Elizabeth*

Dr Talari has over 8 years experience as a Medical Practitioner, and is currently practising Occupational and Environmental medicine; has a special interest in training overseas Doctors for their AMC Clinical exams and FRACGP exams. A Medical educator for the RACGP Clinical Bridging course and was an examiner for the OSCE exam; IMG Medical educator and an approved Educational Activity Representative (EAR) by the RACGP.



### Mr Danny Haydon

#### *Manager of Practice Management Services at Brentnalls SA*

Danny has been a business consultant to the medical and allied health industry since 2008, advising on all areas of practice management. He heads the Practice Management Services division of Brentnalls SA. In this role, Danny continues to work as the Executive Officer at Clare Medical Centre. He is also the National President of the Australia Association of Practice Management (AAPM).



### Dr John Manning

#### *Managing Director at Dewings Accounting*

John is the managing director of Dewings, a boutique firm of Accountants and Business Advisers based in Adelaide. He has worked in accounting, IT and HR at a number of firms and has background in business. John is a regular speaker on a range of business issues with various organisations. He also holds a Masters of Divinity and has served as a board member for local and national not-for-profit boards. He is also an affiliate member of the Institute of Chartered Accountants.

# CEO Report



Sageran Naidoo  
Chief Executive Officer

Upon reflecting on the recent history of the Northern Health Network, the Members of the NHN would be forgiven for thinking that the more things change the more they stay the same. The rise and demise of the Medicare Locals saw the transition of the NHN from being a service provider to being a relatively dormant organisation to now being a service deliverer again. And all in just under 3 years.

This transition is reflected in the financial reports for the 2014/15 financial year. One can see that the NHN provided mainly advocacy support and education and training to GPs and medical graduates while the direct service delivery was done by the Northern Adelaide Medicare Local (NAML). The year ahead is in a sense a return to the previous iterations of the NHN - the main focus of the NHN for the year ahead will be the provision of primary health services across a range of health conditions. You can read more about these services later in this annual report.

The outstanding achievements of the Northern Adelaide Medicare Local were recognised by the Department of Health when NAML won the right to establish the Adelaide Primary Health Network (APHN). The APHN will be a commissioning only agency and will have a broad mandate to address gaps in the primary health care system across the Adelaide metro region. The APHN will not deliver direct services after the transition period and all such services will be commissioned. The NHN stands ready to resume this role not only in its former northern Adelaide region but to expand and seek growth opportunities that are appropriate to the vision and purpose of the NHN.

We have had a period of significant change following the announcement of NAML as the agency responsible for setting up the APHN. This involved creating a transition management structure that included a shared staffing arrangement (for CEO of NHN and Service Innovation Manager for APHN; IT services; and Operations) and was considered to be in the very best interests of the community and in ensuring a smooth transition. This decision was made to ensure the seamless transfer of services in the North and establish a new and effective organisation, the APHN.

The shared staffing arrangement (for NHN and the APHN) was always intended to be temporary

and indeed was planned to come to an end, at the latest, by December 2015. However after reviewing the functioning of both organisations and noting the amazing gains made by both the NHN and the APHN in a very short space of time, it was decided to bring forward this shared staffing arrangement and effectively end the transition period.

Both the NHN and APHN now stand as separate entities, from a governance and management perspective to operational matters. This is a vital step for the NHN as we approach the period when services will be put out into the contestable space. The NHN is firmly of the view that what we do, we do well and that we should be able to bring that quality to as many people as possible. This separation ensures that the NHN is able to take advantage of the opportunities for expansion of services.

Finally we have also had a change in leadership and I assumed the role as CEO of NHN on 1 July, replacing Ms Deb Lee who has been a pillar of strength to the northern Adelaide community. She has led this organisation from a Division of General Practice to Medicare Local and is now CEO of the APHN. Her incomparable commitment to improving the health journey of consumers is highly respected and the NHN owes her a debt of gratitude.





*Committed to providing high quality healthcare services for our community*





# 2015/16 Program Mix

## Mental Health

The NHN continues its long tradition of delivering a range of clinical mental health programs at no cost to the client. These services include individual therapeutic counselling, youth work support and group sessions. Most of these programs have GPs as the referral source and about 2000 active clients receive services from our multi-disciplinary staff. While our Peachey Road office is the main site where clients access services

during business hours, we also offer an after hours service to address the needs of our clients. Our service footprint extends to over 9 sites across northern Adelaide and Gawler.

The NHN supports clients (and their families) from as young as 5 years of age to those who are palliative and require specialised support to manage end of life challenges.

The NHN is also the lead agency for the headspace Edinburgh North centre and we have consistently demonstrated our capacity to reduce psychological distress and improve young people's capacity to function effectively in society. We are proud of our capacity to also deliver these services in a culturally safe manner to Aboriginal people and migrants.

## Health Projects

The NHN delivers a range of projects and programs that addresses the needs of clients and patients living with a range of chronic conditions. We recognise that primary care is the best setting to address modifiable risk factors and our programs include:

- The Metabolic Mental Health Program aims to improve the physical health of people with living with persistent mental illness. Over 70 clients now receive support to enable them to better manage their symptoms.
- The NHN established the only nurse led respiratory clinic in the north to ensure a systematic GP focussed approach to managing patients with COPD and asthma.
- In responding to the longest

wait times in the country to access chronic pain programs, the NHN has established the only community based pain management program, the Living Well with Persistent Pain program, which combines primary care services and self management strategies. Over 40 participants receive GP, AHP and group session supports and a second intake will occur later this year.

- The NHN is the lead agency in the Northern Respiratory Partnership project which aims to improve health outcomes for people living with asthma and COPD.
- To address the increasing burden of obesity, the NHN pioneered the establishment of the Counterweight obesity

management program that supports practice nurses to better identify and support eligible patients.

- The NHN has a strong focus on health promotion and improving access to mainstream primary health care services and has established the Northern Adelaide Regional Health Promotion Collaborative that brings together councils and the LHNs to synchronise health campaigns and messages across the northern region.
- Our CALD Refugee Health project seeks to increase health literacy and access for migrants and recent arrivals and to enable GPs to adapt their services to respond effectively to the needs of these emerging communities.



## Aboriginal Health

We are proud of our continuing ability to support Aboriginal clients who live with the challenges of chronic disease. The Closing the Gap program uses the services of Care Coordinators and Outreach Workers in an holistic manner to enable clients to reach a point where they are able to self-manage their chronic conditions.

By improving access to GPs and allied health services, providing client advocacy and paying for a range of supplementary services we help our clients to better navigate the health system. Our nurses and project workers also support GPs to promote access to the program and to upskill practice staff to take advantage of

the Medicare incentive programs available for Aboriginal people.

We also provide targeted supports for palliative residents in the Aboriginal Elders Village in partnership with SAAS with the aim of avoiding unnecessary transport to the hospital.

## Workforce Development

- The NHN facilitates the Northern Primary Health Care Nurse Network to ensure that nurses working in general practice are supported and engaged to provide better care planning, health assessments and patient recall.
- The NHN continues to deliver education and training opportunities for GPs, practice staff, and AHPs and we remain the largest provider and facilitator of CPD in the region.
- The NHN remains committed to increasing the number of GPs in the region and supports medical graduates by organising educational workshops and mock examinations.
- The Mental Health Clinical Internship Program is a demonstration of the commitment of the NHN to develop the clinical workforce in the north and the interns are given a unique opportunity to acquire diagnostic and therapeutic counselling skills.

## General Practice Support Services

- The NHN provides clinical and practice support services to general practices in software training, accreditation, Wellbeing Reports, template development, care planning and navigating the MBS schedule.
- The NHN has developed a comprehensive set of Chronic Disease Referral Pathway tools and a Mental Health Directory of Northern Services for practice staff.
- The NHN continues to provide cost effective IT support and web hosting to many practices and NGOs in the region.

# Our Staff



Sageran Naidoo  
Chief Executive Officer



Emma Rosie  
Executive Assistant



Gizelle Diaz  
Mental Health  
Clinical Lead



Andrea Gregory  
Mental Health  
Clinical Lead



Elvira Kovacs  
Mental Health  
Clinical Lead



Tamira Pascoe  
Mental Health  
Clinical Lead



Greg Wormald  
Mental Health  
Clinical Lead



Steven Wright  
Mental Health Clinical  
Lead & headspace  
Coordinator



Rachel Rice  
Mental Health  
Project Officer



Mary Bird  
Mental Health  
Clinician



Gail Butler  
Mental Health  
Clinician



Felicity Chapman  
Mental Health  
Clinician



Annette Eske  
Mental Health  
Clinician



Tracey Greaves  
Mental Health  
Clinician



Mathew Guidolin  
Mental Health  
Clinician



Ann Horskins  
Mental Health  
Clinician



Noel Johns  
Mental Health  
Clinician





Di Luckhurst-Smith  
Mental Health  
Clinician



Kerry Martin  
Mental Health  
Clinician



Patrick A Manimaran  
Mental Health  
Clinician



Nicol Moulding  
Mental Health  
Clinician



Sharni Searle  
Mental Health  
Clinician



Linda Sims  
Mental Health  
Clinician



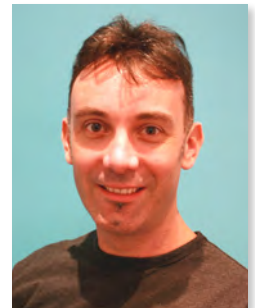
Kelly Stewart  
Mental Health  
Clinician



Bruce Stocks  
Mental Health  
Clinician



Jayanthi Summerton  
Mental Health  
Clinician



Holden Ward  
Mental Health  
Clinician



Garth Ebelthite  
Mental Health  
Clinician Intern



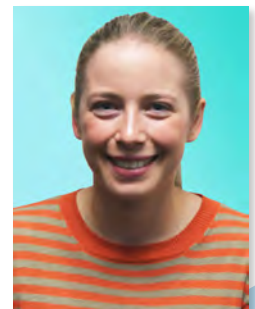
Snowy Lam  
Mental Health  
Clinician Intern



Georgina Brown  
Youth Worker



Trepina Gartley  
Youth Worker



Valeria Nilova  
Youth Intake Worker



Vince Riviere  
Youth Worker



Keira Westcott  
Youth Worker



Anna Marciano  
Senior Mental Health  
Support Officer



Rebecca Shepley  
Mental Health  
Support Officer



Samantha Wharton  
Program Support  
Officer

# Our Staff



Melanie Attard  
Primary Health Care  
Officer



Jane Goode  
Primary Health Care  
Officer



Monika Hembram  
Primary Health Care  
Officer



Veronica Hunter-Riviere  
Primary Health Care  
Officer



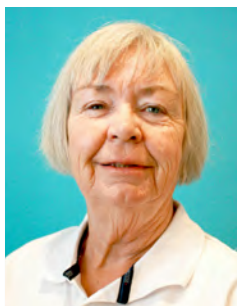
Paulina Lee  
Health Promotion  
Officer



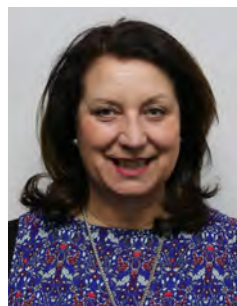
Brittany Marsh  
Metabolic Mental  
Health Clinician



Krystle Meyers  
Primary Health Care  
Officer



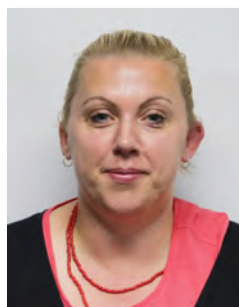
Maggie Graham  
Care Planning  
Coordinator



Bernarda Sanchez  
CALD & Refugee  
Health Project Officer



Debra Argent  
Program Support  
Officer



Deborah Douma  
CTG Care  
Coordinator



Kerry Rose  
CTG Care  
Coordinator



Rachel Tait  
CTG Care  
Coordinator



Amanda Brusnahan  
CTG Outreach  
Worker



Trevor Wanganeen  
CTG Outreach  
Worker



Trevor Warrior  
CTG Outreach  
Worker





Mathew Booy  
IT Coordinator



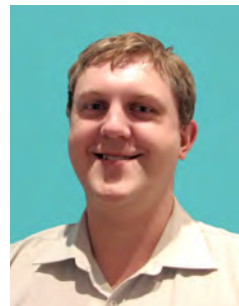
Ian Draper  
IT Service Technician



Jason Walls  
IT Service Technician



Hayden Walls  
IT Service Technician



Marc Crowther  
IT Service Consultant



Debbi Edwards  
Office Coordinator



Nadine Clavell  
Administration  
Support Officer



Pamela Copeland  
Administration  
Support Officer



Kiara Hillam  
HR Officer



Josie Longo  
Education Officer



Tamara Paget  
Finance Officer



Crystal Zeng  
Communications  
Officer

# Financial Statement

**Adelaide Northern Division of General Practice Ltd**  
**ABN 12 061 979 048**

**Northern Health Network**

**Financial Statements**  
**For the year ended 30 June 2015**

**Ascensio Accountants**

Suite 12, 116-120 Melbourne Street  
NORTH ADELAIDE SA 5006

Phone: 08 8267 4800 Fax: 08 8239 0728  
Email: [nat@ascensio.com.au](mailto:nat@ascensio.com.au)



**Adelaide Northern Division of General Practice Ltd ABN 12 061 979 048**  
**Northern Health Network**

**Statement of Financial Position as at 30 June 2015**

	Note	2015 \$	2014 \$
<b>Assets</b>			
<b>Current Assets</b>			
Cash assets	4	1,920,297	1,964,597
Receivables	5	5,300	460
Current tax assets	6	1,151	184
<b>Total Current Assets</b>		<b>1,926,748</b>	<b>1,965,240</b>
<b>Total Assets</b>		<b>1,926,748</b>	<b>1,965,240</b>
<b>Liabilities</b>			
<b>Current Liabilities</b>			
Payables	8	3,500	27,307
Financial liabilities	9	12	0
Current tax liabilities	10	437	0
<b>Total Current Liabilities</b>		<b>3,949</b>	<b>27,307</b>
<b>Total Liabilities</b>		<b>3,949</b>	<b>27,307</b>
<b>Net Assets</b>		<b>1,922,798</b>	<b>1,937,934</b>
<b>Equity</b>			
Retained profits		1,922,798	1,937,934
<b>Total Equity</b>		<b>1,922,798</b>	<b>1,937,934</b>

The accompanying notes form part of these financial statements.

**Adelaide Northern Division of General Practice Ltd ABN 12 061 979 048**  
**Northern Health Network**

**Statement of Comprehensive Income**  
**For the year ended 30 June 2015**

	Note	2015 \$	2014 \$
Revenue	2	80,963	206,715
<b>Gross profit</b>		<b>80,963</b>	<b>206,715</b>
Marketing		(35)	(17,213)
Selling expenses		(8,800)	(18,692)
Administration expenses		(87,263)	(77,974)
<b>Operating profit (deficit) before income tax</b>		<b>(15,135)</b>	<b>92,835</b>
Profit on extraordinary items after income tax	3	0	(132,254)
<b>Operating profit (deficit) and extraordinary items</b>		<b>(15,135)</b>	<b>(39,418)</b>
Retained profits at the beginning of the financial year		1,937,934	1,977,352
Total available for appropriation		1,922,798	1,937,934
<b>Retained profits at the end of the financial year</b>		<b>1,922,798</b>	<b>1,937,934</b>

The accompanying notes form part of these financial statements.



**Adelaide Northern Division of General Practice Ltd ABN 12 061 979 048**  
**Northern Health Network**

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**Directors' Declaration**

The directors of the company declare that:

1. the financial statements and notes are in accordance with the Corporations Act 2001 and:
  - (a) comply with Accounting Standards and the Corporations Regulations; and
  - (b) give a true and fair view of the company's financial position as at 30 June 2015 and of its performance for the year ended on that date;
2. in the directors' opinion, there are reasonable grounds to believe that the company will be able to pay its debts as and when they become due and payable.

The directors are responsible for the reliability, accuracy and completeness of the accounting records and the disclosure of all material and relevant information.

This declaration is made in accordance with a resolution of the Board of Directors.



\_\_\_\_\_  
Dr Rizwan Latif  
Director



\_\_\_\_\_  
Dr Richard HEAH  
Director

Dated: 3.8.2015.

**AUDITOR'S INDEPENDENCE DECLARATION  
UNDER SECTION 60-40 OF THE AUSTRALIAN CHARITIES AND NOT-FOR-PROFITS  
COMMISSION ACT 2012**

*In accordance with section 60-40 of the Australian Charities and Not-for-profit Commission Act 2012, I am pleased to provide the following declaration to independence to the committee/board members of Adelaide Northern Division of General Practice Ltd.*

*As proprietor of Ascensio Accountants for the audit of the financial statements of Adelaide Northern Division of General Practice Ltd for the financial year ended 30 June 2015, I declare that to the best of my knowledge and belief, there have been no contraventions of any applicable code of professional conduct in relation to the audit.*

Natale Rugari  
Proprietor

  
Ascensio Accountants

Date: 3 August 2015



Liability limited by a scheme  
approved under Professional  
Standards Legislation.

Natale Rugari BA(Acc) CPA Principal  
Registered Tax Agent, Company Auditor, SMSF Auditor








Paul Rugari BEc(Acc) CPA Associate  
Registered BAS Agent

Telephone: (08) 8267 4800 Fax: (08) 8239 0728  
Email: admin@ascensio.com.au Website: www.ascensio.com.au





## Contact the NHN

-  2 Peachey Road  
Edinburgh North SA 5113
-  PO Box 421, Elizabeth SA 5112
-  (08) 8209 0700
-  (08) 8252 9433
-  enquiry@northernhealth.net
-  northernhealth.net
-  NHN\_SA

**We open Monday to Friday  
from 9am to 5pm.**