

**My feedback relates to a service received on:**

\_\_\_ / \_\_\_ / \_\_\_

If applicable, please list the date relating to the feedback you are providing

**My feedback relates to a service accessed at:**

- headspace Adelaide
  - headspace Marion
  - headspace Onkaparinga
  - headspace Edinburgh North
  - Sonder Edinburgh North
  - Sonder Maitland
  - Sonder Marion
  - Sonder Nuriootpa
  - Sonder Port Adelaide
  - Sonder Gawler
  - Sonder Kadina
  - Solasta Onkaparinga
  - Solasta Klemzig
- Other please specify: \_\_\_\_\_

**My name is:** \_\_\_\_\_

You do not have to provide your name if you don't wish to do so

**I would like to be contacted:**  Yes  No

We take all feedback very seriously, please let us know if you would like to be contacted.

Phone number: \_\_\_\_\_

Email address: \_\_\_\_\_

Postal address: \_\_\_\_\_

**Consent to publish**

If you provided a compliment, are you ok if we publish your compliment on our website and social media, including your first name?

Yes  No

# Contact us

Kaurna Country  
3/50 Esplanade, Christies Beach SA 5165

**Phone** (08) 8186 8600  
**Fax** (08) 8186 8699  
**Facebook** headspaceonkaparinga  
**Instagram** @headspaceonkaparinga  
**Email** info@headspaceonkaparinga.org.au  
**Website** headspace.org.au/onkaparinga



If you need to speak to someone urgently, please call:

**Lifeline** 13 11 14  
**Kids Helpline** 1800 55 1800  
**Mental Health Triage** 13 14 65

headspace Onkaparinga is operated by Sonder. headspace centres across the Adelaide metropolitan region are supported by funding from the Adelaide PHN through the Australian Government's PHN program. headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health.



headspace Onkaparinga acknowledges Aboriginal and Torres Strait Islander peoples as the First Peoples of Australia.

We pay respect to them, their cultural and spiritual heritage, and to Elders past, present, and emerging.

We acknowledge the ongoing impact of intergenerational trauma that has occurred since colonisation and commit to truth telling as we walk alongside them towards reconciliation.

headspace Onkaparinga welcomes people from all cultures, faiths, backgrounds, experiences, and celebrates all identities, genders, sexes, orientations and abilities.

We embrace diverse voices in our decision making to ensure we deliver inclusive services.



# we love feedback

**Information about how to provide compliments, suggestions and complaints about our services**



