



Date & Time

6.00 -8.15pm
Thursday 20th June 2019

Venue

Flinders University
Room NOO1, Sturt Campus
Sturt Road
Bedford Park SA 5042

Light dinner provided
No cost to attend

The Southern Nurse Network provides an avenue for Primary Health Care Nurses working in the southern and central areas of Adelaide to share ideas, network and expand their knowledge regarding education specific to their needs.

Topic: Managing Chronic Pain & the Role of Opioids

Chronic pain is more common than diabetes. 1 in 5 patients in our practices will be experiencing chronic pain and less than 30% will be receiving optimum care. Dr Chris Bollen will discuss the common understandings of pain and how this corresponds with approaches to managing patient's pain within the general practice setting. The session will explore why there is a focus on the use of opioids and discuss alternative methods for pain management.

Learning outcomes

- Understand how to explain pain and the pain cycle.
- Identify pain management strategies available within the general practice setting.
- Explore why there is a focus on opioids and identify alternative pain management methods and resources available.

Agenda

- 6.00pm – 6.30pm** Registration and dinner
6.30pm – 8.00pm Presentation by Dr Chris Bollen
8.00pm – 8.15pm Q & A, evaluation and close



Presented by

Dr Chris Bollen
Medical Advisor
ReturnToWorkSA



Registrations

Register online at
[www.sonder.net.au/
education-events](http://www.sonder.net.au/education-events)

by Wednesday 12th June 2019

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